



Employee Health Benefits 2026-27



Humble ISD



**Kelsey-Seybold
Medical Plan**

Questions to Consider

- How much coverage do I need?
- How often do I access health care?
- Are my doctors in-network?
- Do I prefer higher premiums or pay as I go?
- Do I have regular prescriptions?

Benefits for Humble ISD Employees

The Kelsey-Seybold Network provides you with access to coordinated, high-quality healthcare throughout the Greater Houston area. With primary care physicians, specialists, diagnostic services, and outpatient care working together within one integrated system, your care is connected every step of the way. This coordinated approach helps simplify your healthcare experience while delivering convenient, personalized care for you and your family.

Coordinated Care Close to Home

The Kelsey-Seybold Network offers more than 45 convenient locations, over 1,000 physicians and healthcare professionals, and access to 65+ medical specialties across the Greater Houston area.

Need Assistance?
help@UBC-Benefits.com

- Integrated healthcare system with primary care and specialists working together
- More than 1,000 physicians and healthcare professionals
- Access to Houston's top hospitals, including facilities with Texas Children's Hospital, St. Luke's Health, Memorial Hermann, Houston Methodist, The Woman's Hospital of Texas, and HCA Houston Healthcare.
- Access to 65+ medical specialties throughout Greater Houston
- Same-day and next-day primary care appointments available
- Convenient access to primary care, specialty care, imaging, laboratory, pharmacy, and outpatient services in one connected network



Kelsey-Seybold - Medical Plan

Overview

The Humble ISD Kelsey-Seybold Plan provides plan members with coordinated, high-quality healthcare through the Kelsey-Seybold integrated medical network. Featuring low monthly premiums, copays for doctor visits before meeting the deductible, no physician referrals, and free generic drugs, this plan combines convenient access to care with the simplicity of one connected healthcare system.

Covered	Monthly Premium
• Employee	• \$70
• Employee + Spouse	• \$720
• Employee + Child(ren)	• \$335
• Employee + Family	• \$925



Kelsey-Seybold - Plan Quick-Reference

Refer to plan documents for limitations and additional information.

Kelsey Seybold - Medical Plan

Feature	Your Kelsey-Seybold Network Costs	Your Out-of-Network Costs
Annual Deductible	\$2,500 individual / \$5,000 family	No Coverage
Coinsurance (after the annual deductible is met)	25% after deductible	No Coverage
Annual Out-of-Pocket Maximum	\$9,500 individual / \$19,000 family	No Coverage
Physician Services		
Office Visits - Primary	\$0	No Coverage
Office Visits - Specialist	\$50 copay	No Coverage
Next Level Urgent Care/Clinics	\$0	N/A
Urgent Care Visits	\$50 copay	No Coverage
Emergency Care Visits	25% after deductible	No Coverage
Virtual Health/Behavioral (Recuro & VideoVisitNOW)	\$0	N/A
Prescription Drugs		
Drug Deductible	\$500 Brand / Specialty Only	
Generic (30/90 Day Supply)	\$0 Retail and Mail Order	
Brand	30% Retail / \$400 Mail Order	
Specialty	30% up to a max of \$1,500	
International Mail-Order	\$0 Brand/Specialty (no deductible)	

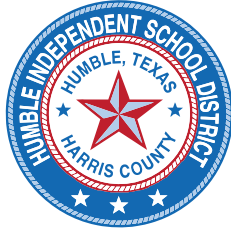
Refer to plan documents for limitations and additional information.

Kelsey-Seybold - Medical Plan (continued)

Feature	Your Kelsey-Seybold Network Costs	Your Out-of-Network Costs
Maternity Services		
Routine Prenatal Care	25% after deductible	No Coverage
Delivery in Hospital	25% after deductible	No Coverage
Newborn Care in Hospital (Routine)	25% after deductible	No Coverage
Additional Services		
Inpatient Hospital	25% after deductible	No Coverage
Outpatient Surgery	25% after deductible	No Coverage
Lab & X-ray Outpatient (major)	\$50 copay	No Coverage
Lab & X-ray Outpatient (minor)	\$50 copay	No Coverage
Complex/Major Imaging	\$0	
Hospital Emergency Care Services (treated as network)	25% after deductible	No Coverage
Chiropractic	25% after deductible	No Coverage
Preventative Care*		
Well-Child Care	Plan pays 100%, no deductible	No Coverage
Well-Woman Care	Plan pays 100%, no deductible	No Coverage
Routine Screening Mammography	Plan pays 100%, no deductible	No Coverage
Adult Health Assessments	Plan pays 100%, no deductible	No Coverage
Immunizations	Plan pays 100%, no deductible	No Coverage
Screening Colonoscopy	Plan pays 100%, no deductible	No Coverage

*Subject to Affordable Care Act requirements.

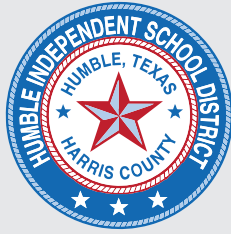
Kelsey-Seybold Plan



Welcome to a better kind of care.



Make the better choice!



With the **Kelsey-Seybold Plan**, you not only get great coverage and benefits, but you also have access to highly personalized care delivered by an exclusive network of 1,100+ Kelsey-Seybold doctors and specialists.

Your entire care team at Kelsey-Seybold is connected to each other through your electronic health record. Best of all, primary and specialty care, labs, imaging, and more are all in one place, giving you an easier, more convenient healthcare experience.

Kelsey-Seybold Clinic and Campus Locations

Current and Future (2026 - 2028+)



Note: Locations beyond 2027 are tentative and are subject to change.

Kelsey-Seybold Clinic Locations Near You

1 Aliana Clinic
11225 W. Grand Parkway S.
Richmond, TX 77407
713-442-0427

2 Atascocita Clinic
17814 W. Lake Houston Pkwy.
Humble, TX 77346
346-674-2000

3 Bay Area Campus
Building A
1010 S. Ponds Dr.
Webster, TX 77598

Building B
18833 Eastfield Dr.
Houston, TX 77596
713-442-4300

Building C
18833 Gulf Fwy.
Webster, TX 77598

4 Baytown Clinic
6300 Garth Rd., Suite 200
Baytown, TX 77521
713-442-1240

5 Berthelsen Main Campus
2727 W. Holcombe Blvd.
Houston, TX 77025
713-442-0000

6 Conroe Clinic
690 S. Loop 336 W., Suite 222
Conroe, TX 77304
713-442-6661

7 Downtown at Esperson Tunnel
815 Walker St., Suite T-14A
Houston, TX 77002
713-442-9345

8 Downtown Clinic
1200 McKinney St., Suite 473
Houston, TX 77010
713-442-4700

9 Eldridge Clinic
2940 Eldridge Pkwy.
Houston TX 77082
713-442-6800

10 Fairfield Clinic
27020 Northwest Fwy.
Cypress, TX 77429
713-442-8400

11 Fort Bend Campus
11555 University Blvd.
Sugar Land, TX 77478
713-442-9100

12 Greater Heights Clinic
1900 N. Loop W., Suite 400
Houston, TX 77018
713-442-3800

13 Gulfgate Clinic
520 Gulfgate Center Mall
Houston, TX 77087
713-442-3700

14 Huntsville Clinic
100 Medical Center Pkwy.,
Suite 1000
Huntsville, TX 77340
936-295-8000

15 Katy Clinic
22121 FM 1093
Richmond, TX 77407
713-442-4100

16 Kingwood Clinic
25553 U.S. Hwy. 59
Porter, TX 77365
713-442-2100

17 Lake Houston Campus
Building B
8503 N. Sam Houston Pkwy. E.
Humble, TX 77396
346-674-3500

18 Lake Jackson Clinic
201 That Way
Lake Jackson, TX 77566
713-442-3500

19 Memorial City Clinic
929 Gessner Rd.,
Suite 1450 and 1600
Houston, TX 77024
713-442-5200

20 Memorial Villages Campus
9110 Katy Freeway
Houston, TX 77055
713-442-6900

21 Meyerland Clinic
560 Meyerland Plaza Mall
Houston, TX 77096
713-442-3222

22 North Channel Clinic
5820 E. Sam Houston Pkwy. N.
Houston, TX 77049
713-442-6000

23 North Houston Campus
15655 Cypress Woods
Medical Dr., Suite 100
Houston, TX 77014
713-442-1700

24 Northwest Campus
(formerly Cypress Clinic)
Building A
13105 Wortham Center Dr.
Houston, TX 77066

Building B
19926 Northwest Fwy.
Houston, TX 77065
713-442-4000

25 Pasadena Clinic
5001 E. Sam Houston Pkwy. S.
Pasadena, TX 77505
713-442-7100

26 Pearland Clinic
2515 Business Center Dr.
Pearland, TX 77584
713-442-7200

27 Rice Village Clinic (OB/GYN)
2414 University Blvd., Suite 200
Houston, TX 77005
713-442-0427

28 River Oaks Clinic
2040 W. Gray St.,
Suite 120 and 200
Houston, TX 77019
713-442-3400

29 Rosenberg Clinic
3915 Kians Way
Richmond, TX 77469
346-674-1200

30 Sienna Clinic
7010 Hwy. 6
Missouri City, TX 77459
713-442-6700

31 Sleep Center
3900 Essex Lane, Suite 500
Houston, TX 77027
713-442-8700

32 South Shore Harbour Clinic
3625 E League City Pkwy.
League City, TX 77573
713-442-2826

33 Springwoods Village Campus
22407 Holzwarth Rd.
Spring, TX 77389
346-674-4000

34 Stafford Clinic
11211 Nexus Ave.
Stafford, TX 77477
713-442-8000

35 St. Luke’s Medical Tower
6624 Fannin St.
Houston, TX 77030
713-442-0427

36 Summer Creek Clinic
Building A
8233 N. Sam Houston Pkwy. E
Humble, TX 77396
713-442-2000

37 Tanglewood Clinic
6401 Woodway Drive
Houston, TX 77057
713-442-2400

38 The Vintage Clinic
10701 Vintage Preserve Pkwy.
Houston, TX 77070
713-442-1500

39 The Woodlands Clinic
106 Vision Park Blvd.
Shenandoah, TX 77384
713-442-1800

40 The Woodlands OB/GYN and Women’s Health
17198 St. Luke’s Way, 5th Floor
The Woodlands, TX 77384
713-442-1900

41 Upper Kirby
3102 Kirby Drive
Houston, TX 77098
346-674-2300

42 West Campus (formerly West Grand Parkway Clinic)
Building A
2510 W. Grand Pkwy. N.
Katy, TX 77449

Building B
2530 W. Grand Pkwy. N.
Katy, TX 77449
713-442-4222

43 West University
3003 W. Holcombe Blvd.
Houston, TX 77025
713-442-9400

44 West Woodlands
33003 Egypt Lane
The Woodlands , TX 77354
346-674-1500

45 Westchase Clinic
11284 Westheimer Rd.
Houston, TX 77077
713-442-7700



SCAN to
learn more.



Great Coverage. Big Savings. Top-Quality Care.

Introducing the new Kelsey-Seybold Plan.



With the **Kelsey-Seybold Plan**, you get great coverage and benefits, plus personalized and coordinated care from more than 1,100 Kelsey-Seybold doctors and specialists in over 65 medical specialties.

You can see any Kelsey-Seybold doctor or specialist at any location without needing a referral. **There are over 45 Kelsey-Seybold locations across Greater Houston, so you can easily find one close to your home or work.**

Even better, **the Kelsey-Seybold Plan** offers significant savings on the coverage and care you need, including:

\$0 primary care visits

\$0 complex imaging (PET, CAT, MRI)

Quality Care That's Always There

- **All your doctors and healthcare team are linked through your electronic health record.** With everything from primary care and specialist visits to labs and imaging under one roof, getting care is easier and more convenient.
- **Same-day and next-day** primary care appointments available
- **Access to Houston's top hospitals**, including facilities with Texas Children's Hospital, St. Luke's Health, Memorial Hermann, Houston Methodist, The Woman's Hospital of Texas, and HCA Houston Healthcare
- **Get care anytime, anywhere.** VideoVisitNOW (on-demand), Video Visits, and E-Visits are available day or night, 365 days a year.
- **After-Hours Nurse Hotline** with access to Kelsey-Seybold registered nurses after 5 p.m. and on weekends and holidays

Pick the Kelsey-Seybold Plan for complete coverage, easy access, great savings, and top-quality care.

The Care You Need When You Need It



Your Care Team Is Connected

At Kelsey-Seybold, your doctors are connected to each other and to you. By working together, your care team provides the personalized care you need, plus a more streamlined healthcare experience.

No Referral Is Needed To See a Kelsey-Seybold Specialist

- 1,100+ physicians and providers
- 65+ medical specialties
- 45+ locations and growing!



All in One Place

Discover the convenience of having primary and specialty care, on-site labs, diagnostic services, and more all in one location. Plus, Kelsey-Seybold's regional campus locations bring outpatient surgery and nationally accredited cancer care even closer to home.



Virtual Care 365 Days a Year

Choose VideoVisitNOW (on-demand), schedule a Video Visit, or start an E-Visit online. Virtual care is available with Kelsey-Seybold providers day or night, 365 days a year.



After-Hours Nurse Hotline

Kelsey-Seybold registered nurses provide answers and reassurance to help you get the care you need after regular business hours and on weekends and holidays.



Access, Convenience, and Quality You Can Count On

With locations all across Greater Houston, you'll find a Kelsey-Seybold location close to where you live or work. Same-day and next-day primary care appointments are available.



Access To Houston's Top Hospitals

Kelsey-Seybold has affiliations with world-class hospitals. This includes facilities with Texas Children's Hospital, St. Luke's Health, Memorial Hermann, Houston Methodist, The Woman's Hospital of Texas, and HCA Houston Healthcare.



Saturday Appointments

Saturday sick-care appointments are available at select locations from 9 a.m. to 2 p.m.*



Emergency Care

If you need emergency care, your plan includes nationwide coverage.**



Nationwide Urgent Care Centers

If you need urgent care, you have access to Cigna's nationwide, in-network urgent care centers.



Behavioral and Mental Health Resources

Your resources may include Cigna's behavioral and mental health network[†], your primary care physician at Kelsey-Seybold, and/or your employer's EAP program.**



At Your Service

Your Kelsey Concierge is here to provide personalized help and answer your questions about the services you need – and more.



You Have a Secure Patient Portal

MyKelseyOnline (MKO) and your MyKelsey App keep you connected 24/7 with Kelsey-Seybold. You can schedule appointments, email your doctor's office, get most test results, and more! You can also schedule Virtual Care – Video Visits, on-demand VideoVisitNOW, and E-Visits.



Predictable Co-Pays

You can count on predictable co-pays, including labs and X-rays, for appointments with your providers.**



Doctors Who Understand You

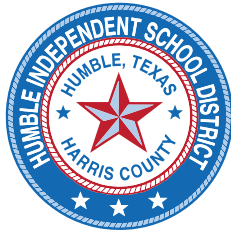
Kelsey-Seybold features a culturally diverse team of doctors who speak 35+ different languages. To learn more about our doctors, visit **kelsey-seybold.com/find**.

* Kelsey-Seybold Clinic days and hours may vary by location. Please visit kelsey-seybold.com for specific details.

** Benefits may vary by plan. Please refer to your carrier for specific plan details.

† No referral required.

Kelsey-Seybold Plan



**For answers to frequently asked
questions, scan this QR code.**





Reverse your condition. Redefine what's possible.

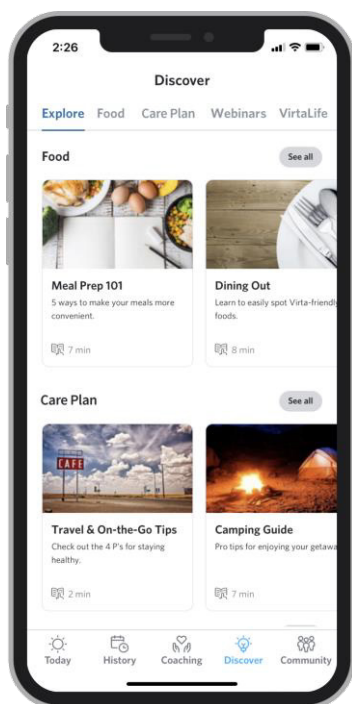


10-week member
clinical trial results¹:

18lbs
Average weight loss

1.0
Average A1C reduction

87%
Stopped/reduced insulin



Try nutrition therapy from Virta Health at no cost*

As a virtual clinic for type 2 diabetes reversal and prevention, Virta helps members use food as medicine to lose weight, lower A1C, and reduce medication needs. No calorie counting or gym visits required.

The American Diabetes Association believes that there's no such thing as a diabetes diet² and Virta agrees. With provider support, coaching, and technology, members learn what nutrients (carbs, fats, and proteins) they personally need more of, And less of, to improve health naturally.

Virta is \$0 for individuals and dependents with an eligible condition.

The Virta Difference

- Nutrition not calorie restriction. Eat until you feel full.
- Personalized over one-size. Your plan covers your needs & tastes.
- About the journey not the judgement. Get caring providers and coaches.

Schedule a free consultation to learn more:
virtahealth.com/join/humble-isd

Virta Health defines reversal as reaching HBA1c below 6.5 without the use of diabetes medications beyond metformin. Diabetes and related issues can return if lifestyle changes are not maintained.

¹ McKenzie AL et al. JMIR Diabetes 2017.

² Avert AB, et al. Diabetes Care 1. May 2019.

* Humble ISD fully covers the cost of Virta (valued at over \$3,000) for you and your eligible family members with type 2 diabetes, type 1 diabetes, or prediabetes. Virta is also covered for those with a BMI of 27 or greater who are interested in safe and sustainable weight loss.





Welcome to LucyRx

We're glad you're here.

Prescription care should work as it was intended—clear, affordable, and centered around you. That's why LucyRx exists: to help you get the medicine you need, with the clarity and support you deserve.

Whether it's a one-time prescription or something more complex, you're not alone—we're here to help.





Who We Are

LucyRx is your prescription care partner. We're independent, experienced, and built to make getting your medicine easier—from everyday needs to complex care.

We deliver better results through a nationwide pharmacy network, flexible plan designs, and convenient 90-day options—whether through home delivery or retail.

Behind the scenes, our proprietary, AI-powered analytics platform—LucyIQ™—helps your benefit work smarter, supporting the right care at the right cost, every time.

We serve more than 1,200 organizations across the country. But what matters most is you—and helping make your health journey easier, every step of the way.





Getting Started with Your LucyRx Benefit

Here's how to start using your benefit and access support:

- 1 Check your ID card**
Look for the LucyRx logo on the insurance card you received from Allegiance to confirm your prescription coverage. If you're unsure, ask your employer or contact our 24/7 Prescription Care team.
- 2 Show your card at the pharmacy**
When filling a prescription, show your insurance card at the pharmacy so they can process your coverage correctly.
- 3 Register online**
Visit www.lucyrx.com/members to create your digital account and view your plan details.
- 4 Download the app**
Use the LucyRx app (available in the App Store and Google Play) to manage your prescriptions anytime, anywhere.



We're proud to be on your care team.
Let's make this easier—together.



Access Your Care, Anywhere

With LucyRx, managing your prescriptions is just a tap away.
Use our mobile app or online portal to:



Track and refill prescriptions



Get refill reminders and alerts



Compare medication prices



Access your digital ID card



Locate in-network pharmacies



Check medication status or coverage



View your medication history

Your health information is always private and secure. You focus on your health—we'll take care of the rest.



How to Register for Your Digital Account

1. Visit www.lucyrx.com/members
2. Click "Let's Go to My Benefits" and follow the prompts to select "Register Now"
3. Enter the details on your insurance card and create your username and password
4. Log in via desktop, mobile, or the LucyRx app

If you're experiencing a medical emergency, call 911 or go to the nearest emergency room.

For all other medication or benefit questions, our 24/7 Prescription Care team is here to help.



We're Here When You Need Us

Have a question about your prescriptions? Need help finding a pharmacy or checking coverage? Our U.S.-based team is available 24/7—in 200+ languages—to get you the answers you need.

Call us anytime at 877-860-8846 or visit www.lucyrx.com/members

When you reach out, you'll talk to a trained specialist who can:

- ✓ Explain your LucyRx benefit
- ✓ Check coverage and medication details
- ✓ Help you find lower-cost options
- ✓ Resolve refill or delivery issues
- ✓ Connect you with a pharmacist if needed



At LucyRx, we don't just answer calls—we solve problems.



90-Day Convenience, Your Way

With LucyRx, you have options for getting a 90-day supply of your eligible maintenance medications—wherever it works best for you:

Your Local Pharmacy

Get your 90-day supply filled at one of over 60,000 pharmacies nationwide. Prefer Walmart, H-E-B, or Target? You can stick with the places you already shop.

Home Delivery

Want your medications shipped to your door? Use Walgreens Mail Service for home delivery—plus refill reminders, tracking, and copay tools included.

Getting Started:



Online:

Visit [walgreensmailservice.com](https://www.walgreensmailservice.com) to register. Once you're set up, you'll receive instructions for placing your first order.



By phone:

Call 877-787-3047. Have your insurance info ready.



Specialty Medications Made Simple

Some medicines are more complex.

If you're taking a specialty drug for a condition such as cancer, arthritis, or multiple sclerosis—LucyRx is here to help.

We don't just send your prescription to a pharmacy and hope for the best. We've built a smarter way to support you—with the care, service, and savings you need.

Personalized Support for Your Treatment

No two conditions—or members—are the same. Our Care Guides take the time to understand your situation and match you with the right pharmacy, support, or savings program.

Here's how it works:

LucyRx Care Guides Who Help You One-on-One

1

Our LucyRx Care Guides are trained nurses, pharmacists, and pharmacy techs. They're here to help you:

- Get your medicine approved
- Learn how to take it safely
- Understand what to expect during treatment
- Find ways to save money

You can call anytime—or wait for us to reach out.

We'll walk you through what comes next.

Specialty Medications Made Simple: Where You'll Get Your Medication

2

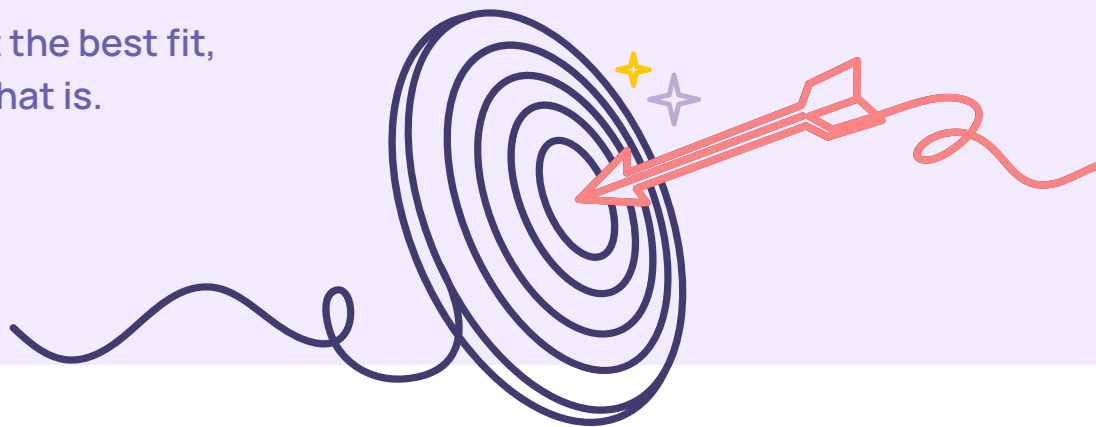
Most PBMs ship from large central pharmacies—often far from where care happens. LucyRx does things differently.

We've partnered with more than 100 health systems that operate specialty pharmacies inside their hospitals and clinics—so members can fill prescriptions where they already get care.

This can mean:

- Faster access to your medication
- In-person conversations with your pharmacist
- Better coordination between your care team and your pharmacy
- Quicker help when something's not working

If a local pharmacy isn't the best fit,
we'll guide you to one that is.





Specialty Medications Made Simple: Getting Help with Cost

3

Specialty drugs can be expensive—but LucyRx helps lower what you pay.

When your prescription is submitted, our Care Guides check for savings opportunities. If there's a better option, we'll call you and walk you through it.

We may be able to:

- **Lower your copay** – We can often apply a coupon or discount without changing your pharmacy
- **Help you get your medicine for free** – In some cases, we connect you to trusted programs or pharmacies that cover the full cost
- **Offer a safe, lower-cost alternative** – If another version of your drug works the same but costs less, we'll help you understand your options
- **Provide extra support** – For complex conditions, we may connect you with a pharmacist or nurse who checks in regularly and helps manage your treatment

**We don't wait for you to ask. If there's a way to save, we'll reach out.
And if you ever have questions, just call—we're here to help.**

Specialty Medications Made Simple: What Happens Next

4

1. **Your doctor sends your prescription to a LucyRx specialty pharmacy**
(We'll make sure it goes to the best option in our trusted network.)
2. **A LucyRx Care Guide reaches out to you**
(No need to call—we'll connect with you directly.)
3. **We help you get started with the right pharmacy and support**
(From benefits to side effects, we've got you covered.)
4. **You get your medication—and the help that comes with it**
(Coaching, savings, and guidance are all part of the package.)

Need help at any point? Your LucyRx
Care Guide is just a call away.





Support for Specialty Needs

If you're managing a complex condition, where you fill your prescription **matters**. Your LucyRx Care Guide will help route it to a pharmacy that works closely with your care team—so you get the right medication, with the right support, from day one.

This team of nurses and pharmacists offer personalized support to help you:

- ✦ Understand your medications and treatment options
- ✦ Access financial assistance and coverage guidance
- ✦ Navigate prior authorizations
- ✦ Stay on track—clinically and financially

So where will you actually get your medicine?

Let's walk through how your specialty prescription is filled—and how we make it as simple and supportive as possible.

Filling a specialty prescription

When you're managing a complex condition, getting your medication from the same place you get your care just makes sense.

That's why many specialty prescriptions can be filled at local pharmacies located inside the hospital or clinic where you're being treated. These pharmacies offer:

- ✓ Faster access to your medication
- ✓ Help from a pharmacist who knows your care team
- ✓ A simpler experience with fewer steps



How LucyRx Helps You Save

We know medications can be expensive. That's why we look for ways to help you save—before you even ask.

Our Care Guides are here to help you save in ways you might not expect. If there's a better option for your medication, we'll reach out to walk you through the next step. And it's not just for specialty drugs—we help members save across all types of prescriptions, too.

Here are just a few of the ways we help members lower their costs:

We help you switch to a lower-cost version of your medication—when it makes sense

If there's a safe alternative—like a generic or another option that works the same but costs less—we'll explain your choices and help you make the switch without disrupting your care.

We help with copay discounts

You may qualify for a coupon or manufacturer program that lowers your cost. We'll handle the paperwork and get you enrolled.

We look into pharmacy options—even international

For certain medications, we may be able to help you access lower-cost pricing through trusted pharmacies outside the U.S.

We connect you to free medicine programs

If a medication is too expensive—even with insurance—we'll check if you qualify for programs that cover the full cost.

Not sure if you're paying too much? We'll check for savings—and help you make the switch if there's a better option.



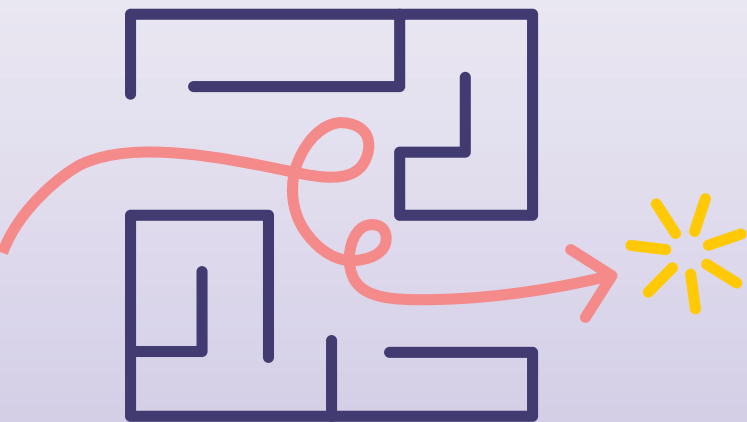


We're With You All the Way

Whether it's your first prescription or your fiftieth, LucyRx is here to make prescription care clearer, more affordable, and built around you.

Need a hand? We've got you.

Whether it's cost, access, or something unclear—we'll help you sort it out, every time.



www.lucyrx.com/members

877-860-8846



Virtual Urgent Care

Getting Started

INTRODUCTION

Access board-certified physicians 24/7, 365 days a year for urgent medical needs. Doctors will discuss your symptoms, confirm a diagnosis, and prescribe any needed medication. Video and telephone-based visits are available, with an average wait time of just ten minutes.

Consult Fee: \$0

HOW TO ACCESS

01

Sign up with the Recuro Care app or visit the webpage below to access:
["member.recurohealth.com"](https://member.recurohealth.com)

02

Enter your employer member ID

03

Create your username and password

04

Complete your medical history

05

Schedule your consult

*Registering your account is not required to use the service, you can call 855.6RECURO anytime for 24/7 access to doctors.



Example Conditions Treated

- Acne / Rash
- Allergies
- Cold / Flu
- GI Issues
- Ear Problems
- Fever
- Insect Bites
- Nausea
- Pink Eye
- Respiratory
- UTI's
- And More...



customerservice@recurohealth.com | 855.6RECURO | Scan QR Code to Download





Virtual Therapy

Getting Started

INTRODUCTION

Receive comprehensive therapy and counseling from Recuro's Clinical Social Workers and Marriage & Family Therapists. Your therapist will work with you to reach your emotional wellness goals, developing a personalized plan and tracking progress over time.

HOW TO ACCESS

01

Sign up with the Recuro Care app or visit the webpage below to access:
["member.recurohealth.com"](https://member.recurohealth.com)

02

Enter your employer member ID

03

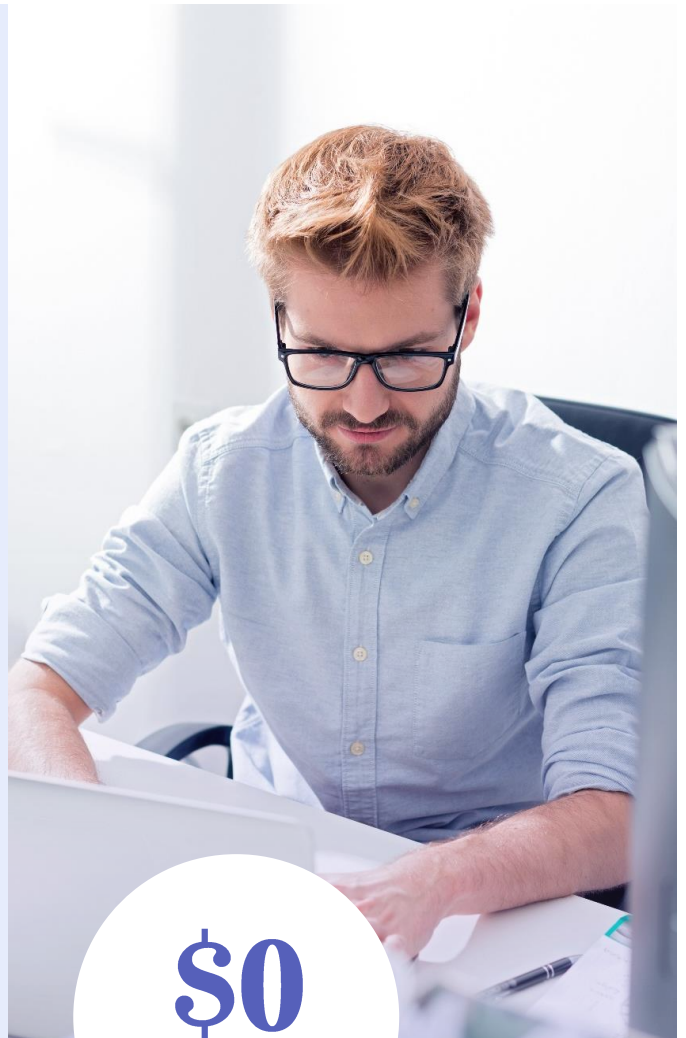
Create your username and password

04

Complete intake and wellness assessment

05

Schedule your consult



\$0

Consults

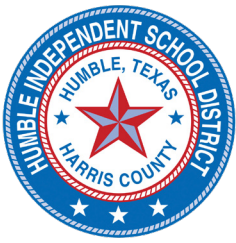
Example Conditions Treated

- Anger Mgmt
- Anxiety
- Bipolar
- Depression
- Eating Disorder
- Sleep Disorder
- Addiction
- Substances
- Grief / Loss
- PTSD
- OCD
- And More...



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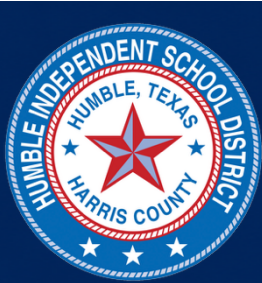


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